

CHECK LIST FOR INDIVIDUALS AND FAMILIES  
for emergencies that do not require immediate evacuation

- ❑ Save your own life and that of your family first.
- ❑ Provide first aid to your family if necessary.
- ❑ Families should gather in a safe, predesignated area, to assess the physical and emotional needs of each family member.
- ❑ As soon as possible contact your block captain by going to the designated block meeting place. Fill out the Family Report (your block captain has this) on the property, physical, and medical conditions of yourself and/or family, whether they are okay, hurt mildly, needing immediate first aid, dead, or missing. Before leaving your home hang the appropriate 8½ x 11 card or ribbon on your home, (as close to the front door as possible or where the front door was):
  - Green - "All is well !"
  - Yellow - "We need help but it is not critical"
  - Red - "We need immediate help or critical care."
  - Black - "There is a deceased person(s) here."
  - White - "This home is vacant or nobody home."The black card or ribbon should be used in conjunction with any of the other four cards or ribbons, depending on the situation.
- ❑ After you have reported to your block captain all able bodied men and women over the age of 12 not caring for small children, hurt household members, elderly, or handicapped should wait for an assignment from the Block Captain. This could be a variety of things (search and rescue, child care, first aid, sanitation, etc.) At this time your block captain will be informed of what first aid is available for those hurt.
- ❑ If you have a critical or life-threatening injury leave a note on your front door of where you are going and go directly to the Jordan Valley Hospital (It is likely that the hospitals will be over capacitated and will shut the doors, you need to make the decision you think is best). A critical care station for more extensive injuries may be set up locally if the Hospital is unavailable. Your block captain should be informed on where to get the best treatment.
- ❑ If you are trapped in your home stay put until your block captain or a search and rescue team come to check on you to assist you. Your block captain will not try to get you out but will inform local search and rescue teams about you, so be specific about describing your situation.
- ❑ If your area is required to evacuate make sure all living household members evacuate together with members of your block and possibly area. If your situation becomes dangerous waiting for block members who do not report, leave without them but leave a note where you are going.
- ❑ If you are asked to "shelter in place" stay in your home for the amount of time the local authorities deem it is necessary. Your block captain should know how long this is. If you have a Family Service Radio you can turn to channel CH2 ctcss 3 (secondary frequency CH6 ctcss 3) every night at 6:00 pm for information from the EOC - emergency operations center.
- ❑ If the emergency is a nuclear incident wait in your shelter or home 14 days after the last explosion before starting this check list.